

## Personal statement

Grant Hannis

I deeply regret what I did on May 27 last year. I will regret it for the rest of my life.

First and foremost, I apologise to my victim. I am deeply, deeply sorry for the pain and distress I caused you. What I did was wrong.

Equally, I apologise to my victim's family. I am so sorry for the pain and hurt I caused you. You were entitled to assume your mum would be left in peace at the rest home. I undermined that.

I apologise to the staff at the rest home. I betrayed the trust you placed in me. I am sorry.

I apologise to my dear wife. I love you with all my heart, but I betrayed your trust in me. I am sorry. Thank you for your ongoing support and love, without which I would not have survived.

I apologise to my friends, colleagues and students. You will be horrified and appalled to learn of my actions.

I was mentally unwell when I offended. The pressures of overwork and looking after my mother had taken their toll. My actions were totally out of character and shock me.

The impact of my actions on me has been profound. I resigned from my job, thereby ending my career and my income. I have lost my self-esteem and my reputation. My mental health is poor.

I am in counselling and on medication. I voluntarily sought these out in order to get well.

The counselling I am receiving has helped me understand why I behaved as I did and to ensure I do not behave that way again. I will continue with my counselling.

I never wish to cause such pain and distress to anyone ever again. I give everyone my absolute assurance: I will never reoffend.

Finally, I again apologise to my victim. I am very, very sorry for what I did to you. It was wrong.

A handwritten signature in black ink, appearing to be 'GH' followed by a long horizontal stroke ending in a small circle.

25 January, 2019